

PATIENT INFORMATION PAMPHLET



THE OTTAWA HOSPITAL PRE-ADMISSION UNIT

CIVIC CAMPUS: E1

1053 Carling Avenue, Ottawa ON K1Y 4E9

Telephone: 613-761-4602

GENERAL CAMPUS: Main Building, 2nd Floor

501 Smyth Road, Ottawa ON K1H 8L6

Telephone: 613-737-8832

RIVERSIDE CAMPUS: Main Level

1967 Riverside Drive, Ottawa ON K1H 7W9

Telephone: 613-738-8400, ext. 88456

Your surgery will be on:

_____ at **The Ottawa Hospital**

_____ **Campus**



A clerk **will call** you to schedule your Pre-Admission Unit (PAU) appointment within one to three weeks before your surgery. The PAU visit is a mandatory appointment so please ensure you attend this visit or your surgery may be cancelled.

Your Pre-Admission visit will be on:

_____ at **The Ottawa Hospital**

_____ **Campus**

- For PAU cancellations/rescheduling of appointments please call:
Civic Campus Admitting 613-798-5555, ext. 17407
General Campus Admitting 613-737-8200
Riverside Campus Registration 613-738-8400, ext. 81014

What is a Pre-Admission appointment?

- A Pre-Admission appointment is a one to four hour visit to the hospital where we prepare you for your operation or procedure.
- Be prepared to answer questions about your medical history, the medications you are taking, previous operations and allergies.
(Important: If you are allergic to latex or eggs, please let the doctor and nurse know.)
- Please arrive 15 minutes before your appointment.

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- You may eat, drink and take your regular medications before your appointment.
 - Please bring something to read in case there are delays.

Who will I see at this visit?

- You will see a registered nurse (RN) who will assess your medical health and explain your upcoming hospitalization process.

You may also see:

- Anesthesiologist (Doctor who puts you to sleep for your surgery)
- General practitioner
- General internist
- Physiotherapist
- Occupational therapist
- Social worker
- Speech-language therapist

What tests may be done?

- ECG (electrocardiogram)
- Blood tests
- X-rays
- Breathing tests

What must I bring with me?

- Provincial Health Card and any other Insurance Cards (e.g. Blue Cross or Liberty Mutual, PSHCP)
- Any papers given to you by your doctor or surgeon.
- Green outpatient hospital card if you have one.

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- Please bring **ALL** medications and inhalers you are currently taking which includes over the counter medications, herbal remedies and vitamins.
 - Please ensure that all medications are in their original (labeled) bottles. If you do not have your medication available, please bring a detailed list of the medications you are taking which includes the dose and how often you take the medication. Your drugstore may be able to provide you with a detailed list of your medication.
 - Glasses and hearing aid (if required).

Who may come with me?

- Only one (1) person may accompany you to your PAU appointment. If you require special assistance, please ensure you have someone to help you.

Scent-Free Environment

- The Ottawa Hospital is committed to providing a safe and healthy environment for patients, visitors, volunteers and employees. Please ensure you (and any visitors) do not wear perfume, scented after-shave lotion or any scented products when coming to the hospital.

Where is the Pre-Admission Unit (PAU) located?

- **Civic Campus** on E1, the first floor at the east end of the hospital. Enter using the admission entrance (see map).
- **General Campus** on the 2nd level located near the top of the escalators (see map). Enter via the Main Entrance (M). Go to the escalators or elevators located on the 1st level and proceed to the 2nd level. See map for exact location and follow the signs to the Pre-Admission Unit (PAU).

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- **Riverside Campus**, Main Level, main hallway (see map).

Where can I park?

- Parking at the **Civic Campus** is limited. Parking in the P2 lot on Ruskin Street across from the Heart Institute is reserved for patients and visitors only.
- **General Campus** parking garage beside the Main Entrance (M) just off Smyth Road.
- **Riverside Campus** parking lot outside the Main Entrance.

For your convenience, OC Transpo bus routes go by all The Ottawa Hospital campuses. For route schedules consult OC Transpo 613-741-4390.

Health information for patients and their family Patient and Family Libraries at The Ottawa Hospital

The Ottawa Hospital's two patient and family libraries provide onsite access to:

- Reliable information on a variety of health, wellness and medical topics;
- Information about local associations and support groups;
- Books, videos and DVDs for loan;
- Computers with Internet connections.

Our Collection: The collection has over 2,000 books, videotapes, audiotapes and DVDs. The collection includes medical dictionaries, home medical encyclopedias, reference texts, as well as books on a variety of health topics, such as medical tests, specific diseases and conditions, and caregiving.

Loaning materials: Patients and family can borrow items from the library for three weeks (21 days) and renew for a further three weeks if the material has not been reserved.

If you cannot visit us in person, please contact us by telephone or email — or visit us on the web at <http://www.ottawahospital.on.ca/patient/visit/chlib/index-e.asp>.

Come Visit Us!

Patient and Family Library – Civic Campus

Main Building, Room D100A

(take the “C” elevators to the 1st floor)

1053 Carling Ave., Ottawa ON K1Y 4E9

Hours: Mon. to Fri.: 8:30 a.m. to 12:30 p.m. / 1 p.m. to 3:30 p.m.

Tel.: 613-798-5555, ext. 13315

Fax: 613-761-5292

Email: patientlibrary@ottawahospital.on.ca

Ninon Bourque Patient Resource Library – General Campus

Specializing in cancer-related information

Cancer Centre (expansion), Main Floor, Room C1239

503 Smyth Rd., Ottawa ON K1H 1C4

Hours: Mon. to Fri.: 8:30 a.m. to 12:30 p.m. / 1 p.m. to 3:30 p.m.

Tel.: 613-737-8899, ext.70107

Fax: 613-761-5292

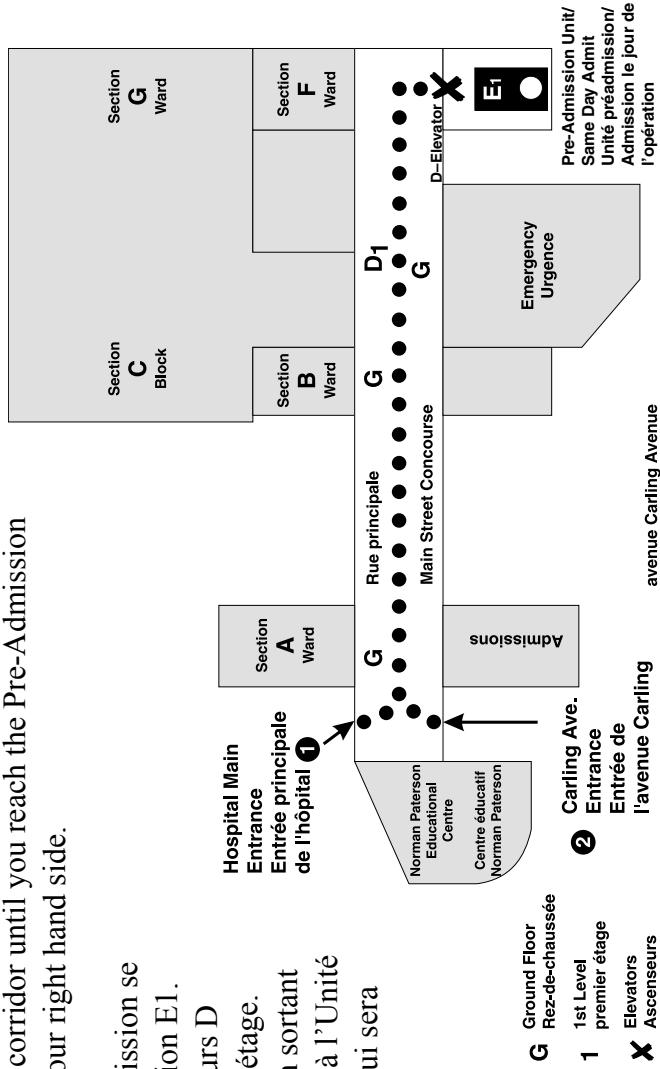
Email: patientlibrary@ottawahospital.on.ca

The Patient and Family Library service at TOH provides information only, not medical advice. Your health-care professional is the only person qualified to give you a medical opinion.

Civic Campus / Campus Civic *(continued / suite)*

The Pre-Admission Unit is located on section E-1. Go to the D-elevators. Take these elevators to the 1st floor. Turn right and continue down the corridor until you reach the Pre-Admission Unit which is on your right hand side.

L'Unité de préadmission se trouve dans la section E1. Prenez les ascenseurs D pour monter au 1^{er} étage. Tournez à droite en sortant et continuez jusqu'à l'Unité de préadmission, qui sera sur votre droite.

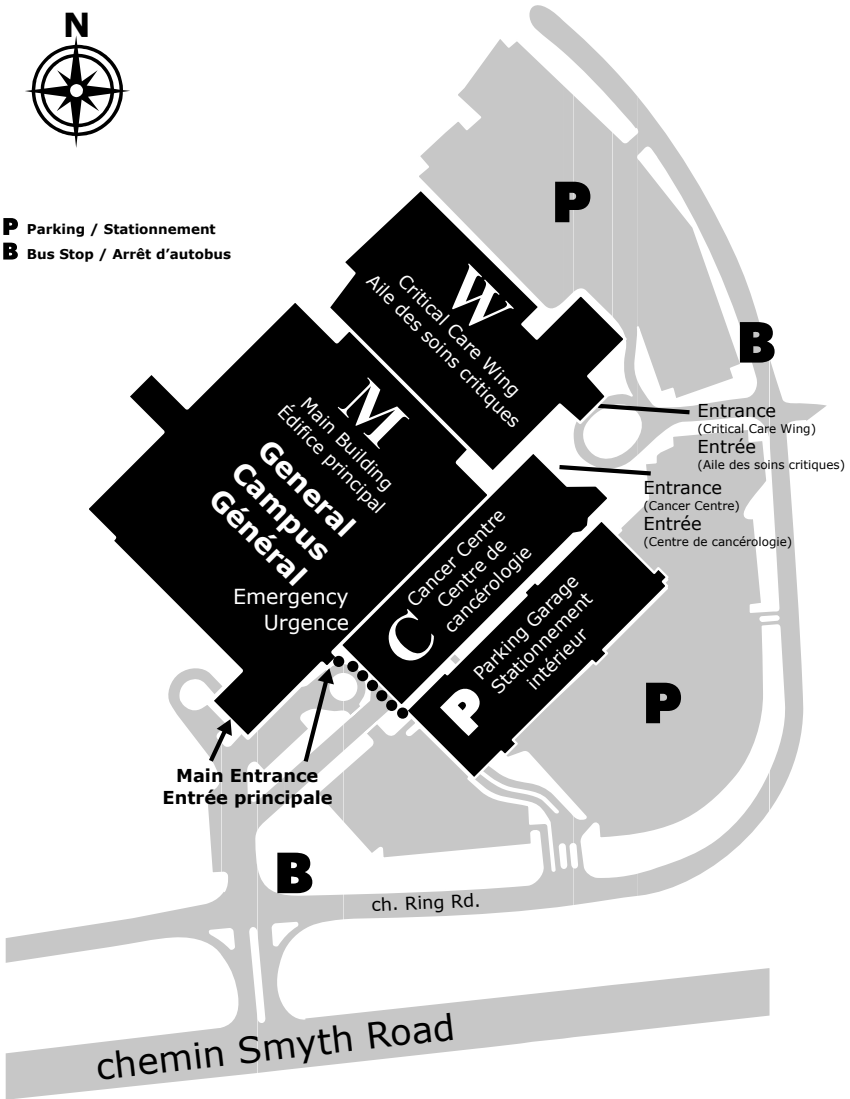


General Campus – Campus Général

501 ch. Smyth Rd., Ottawa, Ontario K1H 8L6 – Tel./Tél.: 613-722-7000



- P** Parking / Stationnement
- B** Bus Stop / Arrêt d'autobus



General Campus / Campus Général

(continued /suite)

The Pre-Admission Unit (PAU) is located on the 2nd level at the top of the escalators (see map).

- Enter via the Main Entrance (M).
- Go to the escalators or elevators located on the 1st level and proceed to the 2nd level.

L'Unité de préadmission se trouve au 2^e étage près des ascenseurs (voir le plan du campus).

- Pour vous y rendre, utilisez l'entrée principale (M).
- Prenez l'ascenseur ou l'escalier roulant pour vous rendre au 2^e étage.